

# Endocrine Nurses



## Dear Nurse Colleagues,

We are delighted to invite you to the 24th European Congress of Endocrinology (ECE) which will take place in Milan, Italy. Our Nursing Programme will start on Saturday 21 May 2022 with a half-day pre-congress course which will be held jointly with the Italian Endocrine Nurses Group, where we will share our collaborative work and expertise in Endocrinology and Diabetes. For the main ECE Nurse Programme, our two MDT symposia will bring the latest in the field of female fertility/reproduction and managing patients with functioning adrenal tumours. We are also delighted to have Dr Sofia Llahana as our Meet The Nurse Expert who will share her expertise in addressing the unmet needs of patients with adrenal insufficiency.

This year we are very proud and excited to announce the launch of the Endocrine Nurse Award.

This award will recognise excellence in Endocrinology nursing practice, nursing research, nursing leadership, nurse training and patient engagement. It is open to all Endocrine nurses and teams who have made a truly significant contribution to the advancement of Endocrinology nursing through an innovative and creative approach to patient care and engagement, service delivery, leadership, research and training. You can now submit your nomination for this award online by clicking the button on the Endocrine Nurses webpage.

To get the full benefits of what ESE can provide for nurses in Europe, please join the ESE Nurses' Network. ESE membership for nurses is offered at a reduced rate of just €35 annually (€20 if you are also a member of an ESE National Affiliated Society). Find out more by clicking the button on the Endocrine Nurses webpage. As an ESE Nurse Member, you are eligible to apply for the Nurses Grant or the Meeting Grant which, if successful, will give you €400 to help cover the cost of travel, accommodation and ECE2022 registration fee.

For the Nurses Grant, priorities will be given to those nurses who have an abstract submitted and accepted for presentation at the Congress. You will find an overview of the ECE 2022 Nursing Programme below. We look forward to seeing you in Milan, Italy to share our expertise, network with colleagues and celebrate the advances in Endocrine nursing.

**Kind regards,  
Sherwin Criseno  
Chair of the ESE Nurse Committee**

## **Nurses Pre-congress Course - Saturday 21 May 2022**

12:00 – 12:24 (CEST) **Networking Lunch**  
ECE Nurse Committee

12:24 – 13:00 (CEST) **Welcome and Introduction**  
Sherwin Criseno (*UK*)

### **Session 1 Diabetes and Endocrinology**

Chairs: Elena Shelestova (*Georgia*) and Eugenia Vlachou (*Greece*)

13:00 – 13:25 (CEST) **Diabetes and Thyroid Dysfunction**  
Patrice Rodien (*France*)

13:25 – 13:50 (CEST) **Diabetes and Menopause**  
Panagiotis Anagnostis (*Greece*)

13:50 – 14:15 (CEST) **Narrative Medicine in Therapeutic Education of People with Diabetes**  
Natalia Piana (*Italy*)

### **Session 2 Addressing Endocrine Patients' Unmet Needs**

Chairs: Lisa Shepherd (*UK*) and Maria Pedersen (*Sweden*)

14:35 – 15:00 (CEST) **Assessing and Addressing the Psychological Needs of Patients with Endocrine Conditions**  
Susan Webb (*Spain*)

15:00 – 15:25 (CEST) **Assessing and Addressing the Psychosexual Needs of Patients with Endocrine Conditions**  
Cecilia Dhejne (*Sweden*)

15:25– 15:50 (CEST) **Assessing and Addressing the Learning Needs of Patients with Endocrine Conditions**  
Sam Lee-McCloud (*UK*)

## **Nurses Main Congress - Sunday 22 May 2022**

10:10 – 11:10 (CEST) **MDT Session 1 - Functioning Adrenal Tumours**  
Chairs: Sandra Hendricks (*USA*) and Wanda Geilvoet (*The Netherlands*)

10:10 – 10:30 (CEST) **Functioning Adrenal Tumours: Advances in Assessment and Management**

Martin Fassnacht (*Germany*)

10:30 – 10:50 (CEST) **Adrenal Cortical Carcinoma: Oncological Treatment and Challenges in Management**

Alfredo Berruti (*Italy*)

10:50 – 11:00 (CEST) **Case Presentation: Adrenal Cortical Carcinoma**

Miriam Asia (*UK*)

11:00 – 11:10 (CEST) **Q&A**

**11:30 – 12:30 (CEST) MDT Session 2 - Female Fertility and Reproduction**

Chairs: Sofia Llahana and Cemile Barhelt (*Switzerland*)

11:30 – 11:50 (CEST) **The Effects of Endocrine Disorders on Female Fertility**

David Unuane (*Belgium*)

11:50 – 12:10 (CEST) **Pregnancy and Endocrine Conditions**

Kristien Boelaert (*UK*)

12:10 - 12:20 (CEST) **Case Presentation: Hyperthyroidism in Pregnancy**

Janine Hurst (*UK*)

12:20 - 12:30 (CEST) **Q&A**

**12:35 - 13:05 (CEST) Session 3 Meet the Nurse Expert**

Chairs: Phillip Yeoh (*UK*) and Kirsten Davidse (*The Netherlands*)

12:35 – 13:05 (CEST) **Addressing the Unmet Needs of Patients with Adrenal Insufficiency**

Sofia Llahana (*UK*)

13:05 - 13:20 (CEST) ECE 2021 Best Nursing Poster Presentation

Brien Mehmet (*UK*)

**14:40 - 16:10 (CEST) Session 4 Professional Development**

Chair: Ann Marland

14:40 - 15:40 (CEST) Clinical Workshop: Growth Hormone Deficiency (GHD) in Adult

- Assessing GHD in Adult

- Commencing and Monitoring GH Treatment in Adult

Sherwin Criseno (*UK*) and Maria Pedersen (*Sweden*)

15:40 - 15:55 (CEST) Awarding ECE 2022 Best Nursing Poster and 2023 European Endocrine Nurse Award  
Sherwin Criseno (*UK*) along with the winners (to be announced at the Congress)

15:55 - 16:10 (CEST) ESE Nurse Committee Chair Update  
Sherwin Criseno (*UK*)